

## HOSTEL ROUTINE

| S.N. | Particular                | Time<br>(Winter) | Time<br>(Summer)   |
|------|---------------------------|------------------|--------------------|
| 1.   | Morning Wake up time      | 4:30 AM          | 4:30 AM            |
| 2.   | Daily Routine & Prayer    | 4:30 to 5:00 AM  | 4:30 to 5:00 AM    |
| 3.   | Exercise                  | 5:00 to 5:20 AM  | 5:00 to 5:20 AM    |
| 4.   | Study                     | 5:20 to 8:00 AM  | 5:20 to 6:20 AM    |
| 5.   | Bath & Breakfast          | 8:00 to 9:00 AM  | 6:20 to 7:00 AM    |
| 6.   | School Time               | 9:00 to 4:15 PM  | 7:15 to 2:30 AM    |
| 7.   | Rest                      | 4:15 to 4:30 PM  | 2:30 to 3:30 PM    |
| 8.   | Home-Work & Study         | -                | 3.30 PM to 5.30 PM |
| 9.   | Refreshment               | 4:30 to 4:45 PM  | 5.30 PM to 5.45 PM |
| 10.  | G.K. & Newspaper<br>Study | 4:45 to 5:00 PM  | 5.45 PM to 6.00 PM |
| 11.  | Games                     | 5:00 to 6:00 PM  | 6.00 to 7.00 PM    |
| 12.  | Home-Work & Study         | 6:00 to 7:00 PM  | -                  |
| 13.  | Dinner                    | 7:00 to 7:20 PM  | 7:00 7:20 PM       |
| 14.  | Rest                      | 7:20 to 7:30 PM  | 7:20 to 7:30 PM    |
| 15.  | Study                     | 7:30 to 10:00 PM | 7:30 to 10:00 PM   |
| 16.  | Sleeping Time             | 10:00 to 4:30 AM | 10:00 to 4:30 AM   |

|      |            |                 |                |
|------|------------|-----------------|----------------|
| Note | Lunch Time | 1:30 to 2:00 PM | 10:25 to 10:45 |
|------|------------|-----------------|----------------|